Our Leaders of Tomorrow!

2013 Leaders Camp

2014 Leadership Team
Dear Parents and Carers

With less than a week to go to our Summer Holiday break, the College is busily preparing for the 2014 school year.

Uniform 2014
Our school uniform is clearly set out in the Enrolment information—Policies and Procedures Handbook and is clearly stated in the school diary. We have also included a handout on Uniform Requirements and a 20% Discount Voucher from Spend Less shoes in our End of Year mail out to all Parents and Carers. Please note that our uniform is only available at the School Uniform Shop—The Tuckshop, except for school shoes and socks. Parents are required to purchase the uniform at the College. All students for 2014 must meet our full uniform requirements. Hair must be of one natural colour and we have a ‘no piercings’ and ‘no make’ up policy. The only exception is for simple studs in the ears. All students must be wearing full upper leather lace up shoes in black from day one.

P&C Membership for 2014
I am calling for existing and new parents to our school to put your hand up to be part of our P&C community. A general meeting is held once per month and the discussions and decisions from these meetings help me to formulate school policy and design our improvement strategies. The first meeting for 2014 is on Tuesday 18 February at 5.30pm. It would be great to see new faces at this meeting. Please contact me on 3826 1333 if you are interested and I will explain how you can help your child’s education in new ways.

Farewell Teaching Staff
After seven years at Kingston State College, Dance Coordinator, Cindy Ambridge, will take up a position at Pimpama Secondary College. Ms Dana Eagers, staff member of the HPE Department has been transferred to Corinda State High School where she been appointed to a position in HPE and Sports Coaching. Vivienne Barnard, Science and Special Education Teacher, has been transferred to Victoria Point State High School, where she will be closer to home. Luke Engwicht, Science and HPE Staff is taking up a position at MacGregor State High School. Ms Ashleigh Willett, Music Coordinator, will be on maternity leave awaiting the birth of her first child.

While it is very sad to farewell such excellent staff, we know that new opportunities will be on the horizon for them. On behalf of the College, I would sincerely thank them for their commitment and dedication and wish them all the best in their workplaces. We look forward to celebrating their years of service at our Christmas morning tea on the last day of term.

I would like to take this opportunity to thank all staff, parents, carers and students for their support and loyalty to Kingston State College. I would like to acknowledge the support and friendship of the P&C lead so capably by Ms Kristy Mulcahy and our Tuckshop and Uniform Convenors, Jan Mulcahy and Gail Cole. Finally, I would like to acknowledge the dedication and commitment of my fellow administration team Mrs Jan Cunningham, Mr David Holgate, Mrs Jo Manthey and Ms Leanne Theodos, Coordinator of the CCSE.

Best wishes for a safe and relaxing summer break and we look forward to an exciting and most productive 2014 as we continue on our journey of learning together!

Best wishes
Francine Barker
Principal

*Season's Greetings*
Wishing everyone a happy and safe holiday period!
**Principal's Acclamation**

Congratulations to the following students for their commitment to school attendance for Semester 2:

<table>
<thead>
<tr>
<th>PC</th>
<th>Student Name</th>
<th>School Attendance</th>
<th>PC</th>
<th>Student Name</th>
<th>School Attendance</th>
</tr>
</thead>
<tbody>
<tr>
<td>8A</td>
<td>Chloe Clarkson</td>
<td>100%</td>
<td>10A</td>
<td>Amelia Bailey</td>
<td>100%</td>
</tr>
<tr>
<td>8A</td>
<td>Trinity Conquest</td>
<td>100%</td>
<td>10A</td>
<td>Zjon Coleman</td>
<td>100%</td>
</tr>
<tr>
<td>8B</td>
<td>Logan Stokes</td>
<td>100%</td>
<td>10A</td>
<td>Rachael Morgan</td>
<td>100%</td>
</tr>
<tr>
<td>8C</td>
<td>Jake Austen</td>
<td>99.18%</td>
<td>10A</td>
<td>Kyle Toovey</td>
<td>99.56%</td>
</tr>
<tr>
<td>8C</td>
<td>Cameron Wilson</td>
<td>100%</td>
<td>10A</td>
<td>Taly Wran</td>
<td>99.33%</td>
</tr>
<tr>
<td>8F</td>
<td>Summah Nahu</td>
<td>100%</td>
<td>10B</td>
<td>Anthony Matthews</td>
<td>100%</td>
</tr>
<tr>
<td>8G</td>
<td>Alanna Quinn</td>
<td>100%</td>
<td>10B</td>
<td>Jack Schoemaker</td>
<td>100%</td>
</tr>
<tr>
<td>9A</td>
<td>Shafeen Ali</td>
<td>99.80%</td>
<td>10E</td>
<td>Adam Hill</td>
<td>100%</td>
</tr>
<tr>
<td>9A</td>
<td>Natalie Johnson Shannon</td>
<td>99.18%</td>
<td>10E</td>
<td>Reewa Nahu</td>
<td>100%</td>
</tr>
<tr>
<td>9A</td>
<td>Kevin Sao Lay</td>
<td>100%</td>
<td>11B</td>
<td>Theresa Vaise</td>
<td>100%</td>
</tr>
<tr>
<td>9A</td>
<td>Bradley Thompson</td>
<td>100%</td>
<td>11C</td>
<td>Krystal Fairhead</td>
<td>100%</td>
</tr>
<tr>
<td>9B</td>
<td>Solomon Coleman</td>
<td>100%</td>
<td>11C</td>
<td>Paula Vaise</td>
<td>100%</td>
</tr>
<tr>
<td>9B</td>
<td>Wayne Kelly</td>
<td>100%</td>
<td>12A</td>
<td>Divita Devi</td>
<td>99.75%</td>
</tr>
<tr>
<td>9E</td>
<td>Jimmy Neale</td>
<td>100%</td>
<td>12A</td>
<td>Fatima Freesta</td>
<td>100%</td>
</tr>
<tr>
<td>9F</td>
<td>Jorden Fronis</td>
<td>99.18%</td>
<td>12A</td>
<td>Chloe Herman</td>
<td>100%</td>
</tr>
<tr>
<td>9F</td>
<td>Felix Ladu</td>
<td>100%</td>
<td>12D</td>
<td>WaarithSharif</td>
<td>99.27%</td>
</tr>
<tr>
<td>9G</td>
<td>Tristan Muir</td>
<td>99.38%</td>
<td>12D</td>
<td>Po Tipchote</td>
<td>99.50%</td>
</tr>
</tbody>
</table>

**Highest Achieving Students’ for 2013**

Yr 8— Douglas Coleman  
Yr 9— Sera Ozgen  
Yr 10— Harmony Pharr  
Yr 11— Sophie Andersen  
Yr 12— Bianca Reck

Congratulations on your outstanding results for Semester 2

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**CALENDAR OF EVENTS**

**JANUARY 2014**

20 College Administration OPENS  
22-24 Pupil Free Days  
27 AUSTRALIA DAY PUBLIC HOLIDAY  
28 ALL Students commence school  
8.40am Whole School Parade

**FEBRUARY**

11 School Photo’s  
17 School Photo’s catch up day  
18 P&C AGM Meeting 5.30pm  
26 ENABLE Debating Competition 5pm-7pm

**MARCH**

10-16 Australian Brain Bee Challenge  
18 P&C Meeting 5.30pm  
25 Immunisation Phase One Yr 8s & 10s 12pm-1.30pm  
26 ENABLE Debating Competition 5pm-7pm

**APRIL**

4 Last day of Term  
Term Holiday 7-18 April
**From the Guidance Counsellor**

My first year in our Kingston College community has passed so quickly!! I have been so fortunate to work with such wonderful staff, students, family and support services who work over and beyond to help nurture, shape and deliver the dreams of our students. The partnership between home, our community and our school is critical in helping our students become happy and healthy young adults.

I would like to encourage all students and families to please reach out if you need a listening ear or some assistance – no matter how big or small it may seem at the time. Discussion about positive ways of managing problems and where to seek help is the best way to move forward. The following recognised providers are available all year around and can provide valuable, confidential support to you, your child and your family.

- **Parent Helpline** (24hrs) - 1300 30 1300 (cost of local call) or www.parentline.com.au
- **Kids help line** (24hrs) - 1800 55 1800 (free call) or http://www.kidshelp.com.au
- **Lifeline** (24hrs) - 13 11 14 or www.lifeline.org.au
- **Reach Out** - Young people helping themselves in tough times - reachout.com
- **Child and Youth Mental Health Services**, Logan-Beaudesert  Ph: 3089 4100

**Obtain a referral from your local GP** to receive psychological services under the following, subsidised, schemes:


**Headspace** centres: Free Mental Health Support for 12-25 year olds – any issue

  - Ipswich - 26 East Street, Ipswich  Ph: 3280 7900
  - Inala - 156 Inala Avenue, Inala  Ph: 3727 5000
  - Southport - 126 Scarborough St, Southport  Ph: 5509 5900


- Online and telephone counselling. 9am-1am, 7 days a week.
- **StandBy** Response Service Brisbane—0438 150 180 (24hrs)
  - For those bereaved by suicide

**Suicide Call Back Service**—1300 659 467 (24hrs)

  - For those who are suicidal, worried about someone who is suicidal or those bereaved by suicide

I wish you a happy and safe vacation and a prosperous New Year! We look forward to a fantastic and rich year of learning here at school in 2014.

Tess Varipatis—Guidance Officer

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**Finance Team**

We would like to say a big THANK YOU to all the parents/carers who have paid their child/ren’s Resource Hire fees this year. This has allowed the school to purchase much needed resources for all our students.

**Please note:** The College will not be taking money at the school after Thursday 28 November. The school offers a Direct Credit option with:

- **Commonwealth Bank of Australia**
  - Account Name: Kingston State High School
  - BSB: 064-168  A/C Number: 0009 0060
  - Reference: Student name & payment reason Eg. J Smith School Fees

**Increase in Resource Hire Scheme Fees 2014**

The P&C has recently reviewed the Resources Scheme for 2014 and after careful consideration the Committee has made the decision to increase the fee to $200 per child per year for all year levels. The Scheme allows students temporary access to textbooks and other equipment. This increased fee now also includes Interschool Sport which in the past was charged on top of the Resource Hire Scheme.

**Please note:** the Resource Scheme does not include costs for other school activities including excursions, camps, formals etc.
Planning for the College to accept its first Year 7 cohort in 2015 is well underway. A number of visits to the 2014 Year 6 & 7 students have been planned for early 2014. We will also be holding a number of community meetings in early 2014. These will be held at the Primary Schools with parents and carers being invited to attend.

The aim of this meeting is to provide parents with relevant information for the transition into High School, to assure parents that we are working with the primary schools to ensure a smooth transition and to provide an opportunity for parents to have questions answered. Next year Mr Gill’s role will be Head of Department Junior Secondary, he will hold a similar role to what he has been doing for the last four years but he will be responsible for the transitioning of both the Year 7s and 8s in 2015.

More information will be provided early next year. Any concerns or questions can be directed to the College on 3826 1333.

On behalf of the Junior Secondary team I wish everyone a safe and Happy holiday. School resumes Tuesday 28 January 2014.

Best wishes
David Holgate
Junior Secondary Deputy Principal

Invitation to Welcome Parents/Carers and Students
to attend
Kingston State College
Year 7 and 8 Enrolments for 2015
Information Sessions to be held at
Marsden State School - Wednesday 5 February 2014 from 3pm—4pm
Kingston State School - Wednesday 12 February 2014 from 5pm—6pm
Berrinba East State School - Wednesday 19 February 2014 from 5pm-6pm
Enrolment Packs and Scholarships will be available.
A Traditional Restaurant Experience for Year 9

On Friday 29 November, Kingston State College’s Year 9 Indonesian class visited the Shalom Indonesian Restaurant in Sunnybank Hills for lunch. A group of 19 vibrant students were given the opportunity to try very traditional Indonesian food including nasi putih (white rice), ayam goreng (fried chicken), beef rendang (authentic curry), kangkung with sambal (water spinach), ayam sate (chicken satay) and the very interesting es cendol (an icy dessert/drink complete with squiggly green jelly worms made from rice flour). The Bahasa Indonesian that students tried out impressed the Shalom Restaurant staff. Some quotes captured at various times throughout the day included:

“I have one word for you… SPICY!” – Jordon Franklin

“The food was so good that everyone put on so much weight… that they lost on the walk back to school.” – Dylan Roach

“I took me half an hour to finish my rice with chopsticks.” – Adam Arafeh

“The food presentation was grandiose and tasted beautiful! Terima kasih!” – Ken Scope

“Everything was exotic… different but nice!” – Vili Apelu

“The food was good.” – Jackson Courtney

“I don’t usually like rice but it complements the beef quite well.” – Nathan Power

“Terima kasih! It had wiggly worms mmm…” – Felix Ladu

“Challenge yourself with the number 5 chilli, I dare you!” – Matt Ramsay

Special thanks to the students for their perfect behaviour and Shalom Restaurant for their beautiful food and service.

Krista Austin
LOTE Coordinator
Senior Secondary News

Leaders Camp
HAVE YOU CONSIDERED
KINGSTON CENTRE FOR CONTINUING SECONDARY EDUCATION
Kingston State College
Adult Education Centre

Enrolling NOW for 2014

Enrolments for 2014 will recommence on Mon 21 January.

For information, brochures and enrolment interview times, please contact:
Ph: 3826 1388 / Fax: 3826 1324 / Email: admin@kingstonccse.eq.edu.au
All individual course brochures can be downloaded from www.kingstonccse.eq.edu.au

Student Attendance

DON’T BE LATE!
Students’ are expected to attend school everyday by 8.40am. If a student is genuinely absent from school on a particular day, a note is required to be given to the Office on the day they return to school or a phone call / text message from the parent/guardian on the day the student is absent.

Kingston State College 2014
School Shoe Requirements
Students are expected to wear black leather, lace up shoes during their time at school. Laces must also be the same colour as the shoes.

This is a mandatory school requirement

Student Absences

Parents/guardians are asked to contact the school as early as possible on the day of the absence to advise of the reason the student is not attending school on a particular day. This can be done by phoning the Attendance Officer on 3826 1340, leaving a message on 3826 1366 or via e-mail absences@kingstonshs.eq.edu.au. Your message needs to include your student’s name and year level.

Over the course of the year, letters have been mailed home to parents to explain student absences. We would appreciate your help by ensuring that these explained absences are returned to your child’s PC teacher or to the College Administration Office as soon as possible.
Alcohol and adolescents is such an area of concern for parents and curiosity for young people, if we, as parents/carers, are armed with a range of strategies we are more able to deal with questions as they arise, issues when they occur (and they probably will) and list of support contacts as needed. The following article is from the Australian Drug Information network, I hope you find it interesting.

Parents have a major influence over an adolescent child’s attitudes and behaviour, and can help discourage harmful alcohol and drug use. By using strategies that match an adolescent’s unique personality and environment, a parent, guardian or significant other can prevent, delay or reduce their young persons alcohol consumption. This alert outlines some of the key ways that parents can introduce their children to alcohol, while discouraging early or excessive use.

What are the effects of alcohol on adolescents?
Adolescents have a lower physical tolerance to the effects of alcohol than adults. The brain develops rapidly during adolescence and so is more susceptible to damage due to drinking alcohol. There are also a number of other harms that are more likely for a young person who drinks alcohol. These include physical injuries, violence, depression and social or physical health problems.

The Australian guidelines to reduce health risks from drinking alcohol (www.nhmrc.gov.au/_files_nhmrc/file/publications/synopses/ds10-alcohol.pdf; PDF: 2.3MB) advise that, for anyone under the age of 18, avoiding alcohol is the safest choice.

* Children under 15 years of age are at particular risk of harm from drinking, so at this age abstinence is vital.
* For young people aged 15–17 years, the longer the initiation of drinking is delayed the better.

5 Things adults can do to prevent or delay kids use of drugs and alcohol:
1. Lead by example and communicate safe drinking patterns to their adolescents.
2. Listen to their children and plan healthy family activities that provide alternatives to alcohol use.
3. Create and discuss family rules and expectations.
4. Communicate with teachers, be involved in their education and encourage opportunities for them.
5. Supervise parties and other social events at home, and maintain contact with organisers of events elsewhere, to monitor the availability of alcohol, safe transport, etc.

Where to go for support and advice
Parenting strategies: preventing adolescent alcohol misuse (www.parentingstrategies.net): Run by a team of researchers from Orygen Youth Health Research Centre (University of Melbourne; http://rc.oyh.org.au) and Turning Point Alcohol and Drug Centre (Monash University and Eastern Health; www.turningpoint.org.au), this website offers a range of parenting strategies for preventing adolescent alcohol misuse.


Talking with your teenager about alcohol (www.druginfo.adf.org.au/druginfo/fact_sheets/families_and_young_people_factsheets11/talking_with_your_teenager.html)

Warning:
Any amount of alcohol during pregnancy is not recommended – can lead to Fetal Alcohol Syndrome which means brain injury affecting many aspects of development.

Did you know???
There is a GP Street Doctor service in Logan servicing homeless or other clients, medicare card required but if you don’t have one the service will chase up those details for you. This is a good number to have in your phone 3297 9666 and after hours GP helpline in this area 1800 022 222.

Fiona Taylor—School Based Youth Health Nurse
**Queensland Term dates for 2014**

<table>
<thead>
<tr>
<th>Term</th>
<th>Dates</th>
<th>Length</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>Tuesday 28 January - Friday 4 April</td>
<td>10 weeks</td>
</tr>
<tr>
<td>Term 2</td>
<td>Tuesday 22 April - Friday 27 June</td>
<td>10 weeks</td>
</tr>
<tr>
<td>Term 3</td>
<td>Monday 14 July - Friday 19 September</td>
<td>10 weeks</td>
</tr>
<tr>
<td>Term 4</td>
<td>Tuesday 7 October—Friday 12 December</td>
<td>10 weeks</td>
</tr>
</tbody>
</table>

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**Student Laptop Program 2014**

In line with the Australian Government’s Digital Education Revolution (DER), there is a need to provide students with access to information and communication technologies (ICT).

The key to this strategy is that student-centred learning provides for seamless movement between learning at school, home, work and play.

In 2014 Kingston State College will move to a full 1-to-1 Laptop Program across the school for Years 8-12. This will enable teachers to fully implement digital education into every subject which will provide students with the skills required in their future careers.

This program has been fully endorsed by the Parents’ and Citizens’ Association.

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**2014 Uniform Price List**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polo Shirt</td>
<td>$33.00</td>
</tr>
<tr>
<td>Senior Polo Shirt</td>
<td>$40.00</td>
</tr>
<tr>
<td>Unisex Shorts</td>
<td>$30.00</td>
</tr>
<tr>
<td>Blouse (Formal)</td>
<td>$48.00</td>
</tr>
<tr>
<td>Short Sleeve Shirt (Formal)</td>
<td>$48.00</td>
</tr>
<tr>
<td>Skirt</td>
<td>$45.00</td>
</tr>
<tr>
<td>Dress Shorts Girls &amp; Boys</td>
<td>$45.00</td>
</tr>
<tr>
<td>Tie</td>
<td>$20.00</td>
</tr>
<tr>
<td>Dress Pants Girls &amp; Boys</td>
<td>$50.00</td>
</tr>
<tr>
<td>Fleecy Jumper</td>
<td>$45.00</td>
</tr>
</tbody>
</table>

*Prices are correct at time of printing but are subject to change if purchase price increases.*

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**Uniform Shop Hours**

**December 2013**

Monday 9 - Thursday 12: 8.00am - 9.30am

**January 2014**

Thursday 23 & Friday 24: 9.00am - 3.00pm

Tuesday 28 January—Friday 1 Feb: 8.00am - 9.30am

*(Normal Hours)*

Wednesday & Friday: 8.00am - 9.30am
Keep a watch on our school these holidays

Parents and students can help take care of our school by reporting any suspicious after-hours activity to School Watch on 13 17 88. By keeping an eye out we can work together to create a safer school community and help to reduce vandalism, theft and arson in our school.

If you see something suspicious, please don’t intervene. Call the School Watch number and let the local police or State Government Protective Security Service deal with the matter.

Reporting Student Absences

The College has many options for parents/guardians to contact us in the event students are sick or absent from school. These include:

♦ **24/7 Absence Line** 3826 1366 which is a recorded voice message service
♦ **E-mail address** absences@kingstons.hs.eq.edu.au
♦ **Text messages** are sent each day when a student is absent from PC, this often prompts parents to send a reply response informing the school of their child’s absence.
♦ Alternately, please contact the College Attendance Officer on 3826 1340.

To ensure the success of this initiative we ask that you update the school with your current mobile telephone number, if there is a change.

Our Attendance program is designed to protect your child. If you do not contact the school to advise us of a valid reason for the absence, and your child does not attend school, our program will alert us that your child is not at school. We in turn will let you know. Therefore, it is important that you notify us as soon as possible if your child is not attending school for the day.

Should you wish to contact the College via email for any other reason, please access our College website for further details at www.kingstons.hs.eq.edu.au.

Updated version QSchools app

A recent update to the QSchools app means our parents will now be able to find tuckshop and class time information more easily.

On top being able to access calendar, newsletter and other information from our school website the upgraded app can also access uniform shop information and school social media pages. It all makes staying in touch and up to date a little easier for your family.

Visit the department’s apps page for more information and all the features: [http://deta.qld.gov.au/about/app/](http://deta.qld.gov.au/about/app/)

The QSchools app is available for free download through iTunes, Google Play and the Window’s store.

The Websites for Schools development team would love to hear your ideas for future functionality for QSchools. You can leave feedback within the app via Settings, then Leave Feedback.

Students NOT returning in 2014

If you know your child(ren) will not be attending Kinston State College next year, could you please return the slip to the Office as soon as possible so that we can make the necessary arrangements. This will further assist us with class numbers for next year. **We appreciate your support!**

Students Name:____________________________________ Yr Level:________________

Name of Destination School / Training Institution / Employment: _______________________________

Parent/Guardian Name:________________________ Signature:________________ Date:_________